

*TheraFit*TM

MANUFACTURED BY SOLARIS



GETTING STARTED

Thank you for purchasing your **TheraFit™!**

Your TheraFit is a standard sized, adjustable garment designed by professionals to help simplify your nightly lymphoedema management. Before using your TheraFit for the first time, a medical professional must adjust it to fit you properly. If you have any questions or concerns about your TheraFit, please call us at: **+1 414.892.4140** or send us an email: info@solarismed.com.

MATERIALS



Fabric: 63% Nylon, 23% Polyester, 14% Lycra

Foam: 100% Polyurethane

CONTRAINDICATIONS

- › Arterial Insufficiency or Degeneration
- › Deep Vein Thrombosis (DVT)
- › Untreated Congestive Heart Failure
- › Untreated Cancer
- › Untreated Localized or Systemic Infection
- › Absent, or Severely Impaired Sensation

INDICATIONS

- › Lymphoedema
- › Indurate Tissue
- › Acute / Chronic Oedema

WARRANTY INFORMATION

Your TheraFit is warranted to be free of manufacturer defect for three (3) months.

CARE INSTRUCTIONS



- › Use care and be gentle to prevent thread breakage;
- › Wash weekly or more frequently as needed;
- › Machine wash with mild detergent on perm press, and double rinse to remove soap residue;
- › Don't use additives such as bleach or fabric softener;
- › Tumble dry on perm press to re-fluff foam;
- › Place clean tennis balls in dryer to fluff up the foam;
- › Discontinue use immediately if rash, numbness, or skin color changes are noticed.

PROFESSIONAL FIT INSTRUCTIONS (For Medical Professionals Only)

1 Have your client try the garment on. The laces are pre-set to the maximum girth measurements.



2 Begin tightening the laces at the distal end of the garment. Feel the garment to check the compression as you go.



3 Thread the remaining laces and finish setting the compression. Continue to feel the garment and ask your patient how the fit feels.



4 Ask your client to practice donning and doffing the garment. Make any necessary adjustments, then tuck any remaining laces out of the way.



Remember: Ask your client to practice donning and doffing the garment. If your client is unable to don or doff the garment, the laces may be too tight and should be adjusted.

NIGHTLY USAGE INSTRUCTIONS

1 Fold the top half of your TheraFit over the bottom half. Pull your garment over your hand.



2 Roll the upper half of your TheraFit on to your arm. Do not adjust the laces. **If you are unable to apply your garment, the laces may be too tight and should be adjusted by your medical professional.**

