

SwellSpots™

Solaris Collection by L&R USA INC.

Instructions for Use  

Gebruiksaanwijzing 

Your SwellSpots™

SwellSpots™ are professionally designed edema pads that tuck into garments or under bandages. Use them to address particularly troublesome areas of edema, shaping, filling or protecting vulnerable areas, and create multi-point pressure.

Helpful Hints

Use the grey fabric against your skin.
Wash weekly or more frequently as needed.

Care Instructions

Washing

- Machine wash with mild detergent on permanent press
- Do not use fabric softener, bleach, or other additives
- Do not dry clean

Drying

- Tumble dry on permanent press
- Do not iron



Materials

- Blend of: polyurethane, nylon, polyester, spandex/elastane
- Not made with natural rubber latex

Warranty

SwellSpots™ pads have a 6 month warranty against material and manufacturing defects.

Indications

- Lymphedema (when used with bandages/other garments)
- Edema (when used with bandages/other garments)

Contraindications

- Allergies or sensitivities to materials
- Care should be taken in patients using anticoagulant medication to excess tolerance

Applying Your Head-Neck Pad

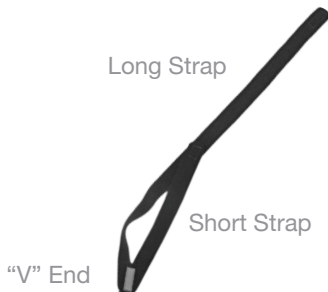
View the Head-Neck SwellSpots™ application video by visiting solarismed.com/reynolds

1 Gather your strap and Head-Neck Pad.

To make application easier, you may want to stand in front of a mirror. If you are reapplying your Head-Neck SwellSpots™ Pad, you may skip forward to “*Reapplying your Head-Neck Pad*”.



2 Use the VELCRO® brand hook closure on the Short Strap to fasten it to the Long Strap, creating a loop.



Applying Your Head-Neck Pad, *continued*

- 3 Place the loop over the crown of your head so the “V” End is over the desired ear, with the VELCRO® brand hook closure facing away (a). Bring the Long Strap under your chin and fasten it to the hook-receptive fabric over your ear (b).

*Can be worn over left or right ear.
Application over left ear shown.*



- 4 Mark where your Head-Neck Pad will go by holding the Long Strap at the desired location (a). Unfasten the Long Strap while you continue to hold the location for your Head-Neck Pad (b).



Applying Your Head-Neck Pad, *continued*

- 5 Attach the VELCRO® brand hook closure of your Head-Neck Pad to the desired location on the Long Strap (a). Refasten the Long Strap to the “V” End over your left ear (b). Adjust for fit and comfort.



- 6 To remove your SwellSpots pad, unfasten the Long Strap from over your left ear and take the unit off of your head. Leave your Head-Neck Pad attached to the Long Strap for the next time you apply your garment.



Reapplying Your Head-Neck Pad

Place the loop over the crown of your head so that the “V” End is over your left ear with the VELCRO® brand hook closure facing away. Bring the Long Strap under your chin and fasten it to the hook-receptive fabric over your left ear. Adjust as needed.

Customer Service

In Canada: Lymphedema Depot Ltd.

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AVAILABLE IN CANADA FROM:



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