

# SWELL SPOTS

MANUFACTURED BY SOLARIS

> user guide

## YOUR SWELL SPOT

Swell Spots are professionally designed treatment pads that tuck into garments or under bandaging to address particularly troublesome areas of edema, fill contours, or diffuse pressure points and break up fibrosis.

You can view our entire line of Swell Spots and other products online at:

[LympedeamDepot.com](http://LympedeamDepot.com).

Please consult with your medical professional for individual usage.



## CARE INSTRUCTIONS & HELPFUL HINTS

- › Wash weekly or more frequently, as needed.
- › Machine wash with mild detergent on permanent press.
- › Double rinse to remove any soap residue.
- › Never use additives, such as bleach or fabric softener.
- › Tumble dry on permanent press to re-fluff the foam.
- › Optional: place clean tennis balls in dryer to fluff up the foam.
- › Stop use if rash, numbness, skin colour changes are noticed.



## MATERIALS

- › 63% Nylon, 23% Polyester, 14% Lycra
- › Latex-free
- › Medical grade Polyurethane foam
- › Made in the USA

## RETURNS & WARRANTY

Within two weeks of the purchase date Solaris will replace defective products. Please contact Solaris directly. Solaris does not accept returns otherwise. In an effort to keep prices low, Solaris does not warrant Swell Spots products.

## INDICATIONS

- › Lymphedema
- › Venous Insufficiency
- › Acute / Chronic Edema
- › Indurate Tissue

## CONTRAINDICATIONS

- › Arterial Insufficiency or Degeneration
- › Deep Vein Thrombosis (DVT)
- › Untreated Congestive Heart Failure or Cancer
- › Untreated Localized or Systemic Infection
- › Absent, or Severely Impaired Sensation

# SOLARIS

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