

# ExoCustom<sup>TM</sup>

Solaris Collection by L&R USA INC.

user guide



## Your ExoCustom™ Garment

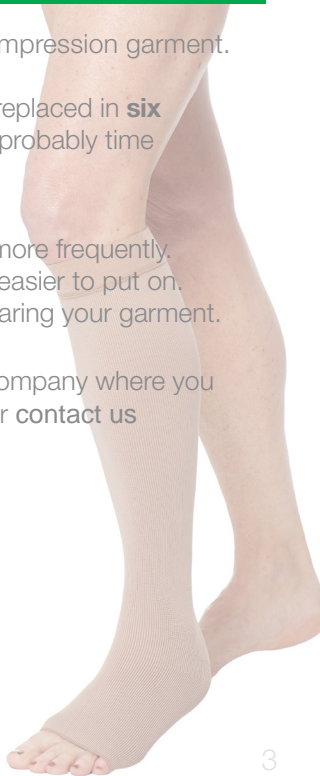
Thank you for choosing your ExoCustom™ compression garment.

With good care, your garment will need to be replaced in **six months or less**. Here are some signs that it's probably time for a new ExoCustom™ garment:

- Your garment is slipping or falling down more frequently.
- Your garment has become considerably easier to put on.
- It's been six months since you began wearing your garment.

When it's time to reorder, please contact the company where you purchased your ExoCustom™ garment from, or **contact us toll-free, at: 1-855-857-8500**

Thank you again for choosing ExoCustom™!



## Indications

- Various stages of lymphedema
- Edema

## Contraindications

- Arterial insufficiency or degeneration / ABPI < 0.8
- Moderate to severe peripheral arterial disease
- Untreated congestive heart failure
- Untreated infection (i.e. cellulitis)
- Allergies or sensitivities to materials

## Precautions

- Absent or severe peripheral neuropathy (impaired sensation)
- Severe cognitive impairment

## Materials

- Nylon
- Lycra®
- Lyocell

## Washing Instructions

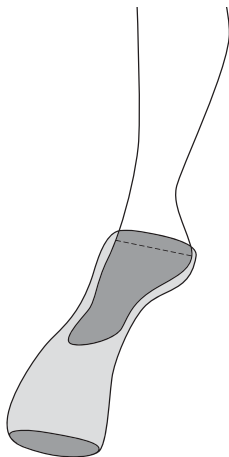
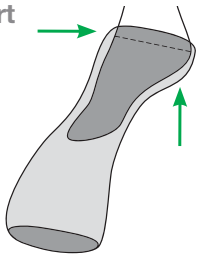
- Machine wash with mild detergent in warm water
- Don't use bleach or fabric softeners
- Machine dry on permanent press
- Do not iron



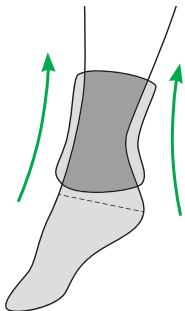
## How to Put On Your ExoCustom™ Leg Garments

- 1 Turn your **ExoCustom™** leg garment inside out until you reach the foot portion. The ankle dart should just be visible.
- 2 Slide your foot into the foot portion. Adjust your garment until your heel is aligned with the ankle dart.

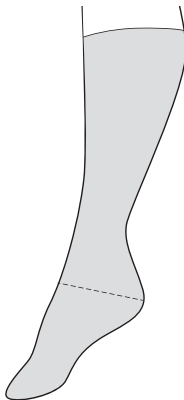
Ankle Dart



- 3** Ease the garment up your leg a few inches at a time. Smooth out creases as you move upwards.



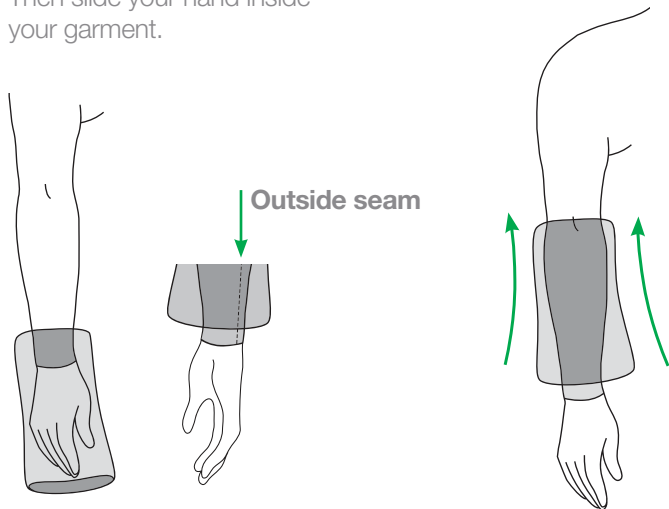
**Note:** a rubber or vinyl dishwashing glove may make this easier.



\*For garments with modifications, call our Customer Service department for donning instructions at (414) 892-4140.

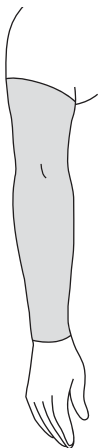
## How to Put On Your ExoCustom™ Arm Garments

- 1 Fold the top half of your arm garment inside out so that it is overlapping the lower half. Align the outside seam of your garment with your little finger. Then slide your hand inside your garment.
- 2 Gently pull your garment up to your elbow.

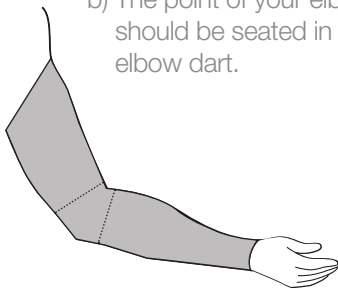




- 3** Ease the top half of your garment up your arm a few inches at a time. Smooth out creases as you move upwards.



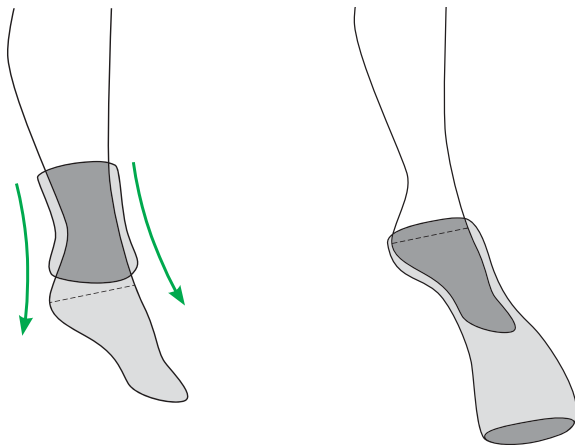
- 4** Make sure your garment is properly aligned.
- a) The Outside Seam should follow the outside of your arm up to your shoulder.
  - b) The point of your elbow should be seated in the elbow dart.



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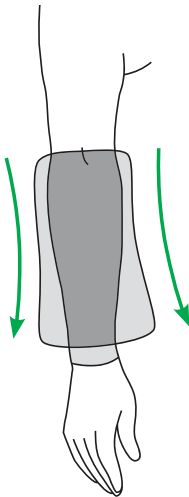
## Removing Your ExoCustom™ Leg Garment

- 1 Grab the top band of your garment and turn it inside out.
- 2 Continue turning your garment inside out as you pull it down to your ankle.
- 3 Insert a finger into your stocking to move it over your ankle. Then, pull the rest of your garment off of your foot.



## Removing Your ExoCustom™ Arm Garment

- 1 If using an ExoStrong™ glove or gauntlet, remove it first.
- 2 Next, grab the top band of your arm garment and turn it inside out.
- 3 Continue turning it inside out as you pull it off of your arm.



## ExoCustom™ Warranty Policy

### **Six Months Workmanship and Materials Warranty for Registered ExoCustom™ Garments**

Within six months of the ship date, L&R USA INC. warrants all registered ExoCustom™ garments against manufacturer defect. L&R USA INC. will repair or replace any garment found to be defective.

Using bleach, fabric softener, dryer sheets, or other additives will void the warranty. Heat over 130° F will damage the garment and void the warranty. Damage due to fingernail tears, animals, bodily fluids, excessive pulling or normal wear and tear are not covered under warranty. If you believe that a warranted garment is defective, contact L&R USA INC. for a Return Authorization (RA) Number. L&R USA INC. will examine the garment to determine if it is defective. Defective garments under warranty will be repaired or replaced.



## **Returns and Cancellations**

Since ExoCustom™ products are custom made, they cannot be returned nor refunded.

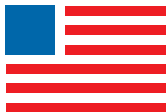
If for some reason your garment does not fit, please contact your fitter or medical professional.

## Helpful Hints

- Put your ExoCustom™ daywear garment on as soon as you wake up. That's usually when your arm or leg is at its smallest and when your garment will be easiest to put on.
- Make sure your arm or leg is dry before putting your garment on.
- Take off watches and jewelry before putting your garment on, and avoid sticking fingernails into the fabric.
- Putting on compression garments can be frustrating, especially the first few times. Like all things though, it'll get easier with practice and patience.
- For garments with pockets, we recommend placing the pad into the pocket prior to donning.

*Thank you for choosing ExoCustom™!*





L&R USA INC.



L&R USA INC.

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