



**CAREZIA**<sup>TM</sup>  
MANUFACTURED BY SOLARIS

**Standard Size Bandage Liners**

Distributed in Canada by  
**LYMPHEDEMA  
DEPOT LTD**  
[www.lymphedemadepot.com](http://www.lymphedemadepot.com)

# Caresia Bandage Liners

Caresia bandage liners are standard sized bandage liners which simplify complex multi-layered bandaging protocols while enhancing therapeutic outcomes in the active phase of therapy.

Caresia are available in: full arm, glove, gauntlet, thigh, below knee, and foot styles.

To purchase a Caresia, consult your therapist or fitter. Learn more at:  
[www.lymphedemadepot.com](http://www.lymphedemadepot.com).



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# Caresia Components

- Meryl / Lyrca fibers
- Medical grade foam
- Latex-free
- Manufactured in the USA

## Returns & Warranties

**Returns:** Within two weeks of purchase date, if the garment is found to be defective, Solaris will replace it. Please contact Solaris directly. Solaris does not accept returns otherwise.

**Warranties:** In an effort to keep prices low, Solaris does not warrant Caresia products.

# Helpful Hints

- Take your time when donning your Caresia.
- Use care and be gentle to prevent thread breakage.
- Wash weekly or more frequently as needed.
- Machine wash with mild detergent on perm press.
- Double rinse to remove soap residue.
- Never use additives such as bleach or fabric softener.
- Tumble dry on perm press to re-fluff foam.
- Place clean tennis balls in dry to fluff up the foam.
- Discontinue use immediately if rash, numbness or skin color changes are noticed.

# Donning the Arm

1. Locate the thumb opening on the garment.  
The seam will follow the top surface of the arm.



# Donning the Arm

2. Fold the upper portion of the garment over the lower portion. Place the hand in the lower half, inserting your fingers and thumb into the openings.



# Donning the Arm

3. Gently unfold the garment onto your upper arm, adjusting for a comfortable fit.



# Donning the Arm

4. Starting with the palm, apply short-stretch bandages snugly over the Caresia according to your medical professional's advice.

(If you have a Caresia Cover, simply donn it over your bandages once you're done wrapping.)



# Donning the Hand

1. Gently slide the garment onto your hand, adjusting for a comfortable fit.



# Donning the Hand

2. Starting with the palm, apply short-stretch bandages snugly over the Caresia according to your medical professional's advice.



# Donning the Thigh

- 1. Gently slide the garment past the knee and onto the thigh. Adjust for a comfortable fit.**
- 2. Starting at the knee, apply short-stretch bandages snugly over the Caresia according to your medical professional's advice.**

(If you have a Caresia Cover, simply donn it over your bandages once you're done wrapping.)



# The Thigh & Below Knee

1. If you are using both a thigh and below knee unit, don the thigh as you normally would. Adjust for comfort, then don the below knee unit per the instructions beginning on page 14. Make sure the two garments overlap at the knee before you begin to bandage (the below knee unit may go under or over the thigh unit). Starting at the ankle, apply short-stretch bandages snugly over both garments according to your medical professional's advice.



# Donning the Below Knee

1. Locate the upper portion of the garment and fold it over the lower portion.



# Donning the Below Knee

2. Insert your foot into the garment and gently slide the garment over the foot and onto the leg, adjusting for a comfortable fit.



# Donning the Below Knee

3. Gently unfold the garment onto your leg, adjusting for a comfortable fit.



# Donning the Below Knee

- 4. Anchor the short-stretch bandage at the ankle, then wrap from toes to knee according to your medical professional's advice.**

(If you have a Caresia Cover, simply donn it over your bandages once you're done wrapping.)



# Donning the Foot

1. Gently slide the garment over the foot, adjusting for a comfortable fit.



# Donning the Foot

2. Starting with the ankle, apply short stretch bandages snugly over the Caresia according to your medical professional's advice.



# Indications

- Lymphedema
- Acute / Chronic Edema
- Venous Insufficiency
- Indurate Tissue

# Contraindications

- Arterial Insufficiency or Degeneration
- Deep Vein Thrombosis
- Untreated Congestive Heart Failure
- Untreated Localized or Systemic Infection
- Untreated Cancer
- Absent or Severely Impaired Sensation

# Tribute Therapeutic NightWear Garments

## Long-Term Self-Management

Tribute custom designed NightWear garments are essential for a successful lymphedema home management program. Worn nightly, your Tribute garment will offer an effective solution to help regulate fluid fluctuations, decrease tissue turgor, and assist a weakened lymphatic system. Solaris' attention to the details provides you with a garment that eliminates complex bandaging, and is stress free, comfortable, easy to care for, and backed with a one year warranty.



# Joint Jackets Edema Binders

## Play Hard, Heal Fast

Joint Jackets were developed from the same foam particle technology used to treat lymphedema. Utilizing these unique particles, Joint Jackets:

- Reduce inflammation, swelling, and pain
- Remove lactic acid formation and hematomas
- Allow for customized compression
- Provide support and joint protection
- Increase circulation and massage soft tissues
- Decrease scar adhesions

For more info, visit:  
[www.lymphedemadepot.com](http://www.lymphedemadepot.com).



# ReadyWrap Inelastic Binders

**ReadyWrap Professional** is a revolutionary, patent-pending step forward in compression garment design. ReadyWrap is constructed with an inelastic foam-backed fabric which, along with the 50% overlap of straps, mimics traditional bandaging. In addition, once the medical profession has set the garment to the appropriate level of compression, the patient can don and doff the garment while retaining the professionally set compression level.

**ReadyWrap Quick-Fit** is a more affordable version of ReadyWrap. Despite its lower price, it pairs inelastic materials with straps that mimic the 50% overlap of traditional bandaging.



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