

## Solaris Product Guide: Breast and Truncal Edema

**SP-09 Breast Swell Spot**



This Swell Spot is designed specifically for swelling and fibrosis in the breast area after lumpectomy or reconstructive surgery. It is meant to cover the breast and the lateral trunk inferior to the axilla.

Size Small accommodates A-B cup sizes, Medium C-D cup and Large for D-DD cup sizes. Note that sizes run a bit large to accommodate swelling.

**SP-16-A Lateral Bra**



The Full Bra Swell Spot was originally designed to be inserted into compression bra. This Swell Spot works to reduce fibrosis and swelling of the full breast and can be inserted into any front opening bra.

Measures approx. 20 x 20cm.

**SP-16-B Full Bra**



This smaller Swell Spot was designed to be tucked into bra pockets or directly into a bra without pockets. It can be placed as needed to address specific areas of fibrosis and swelling.

It also fits well under the lateral portion of a bra below the armpit to relieve pressure exerted by the structure of the bra on this post-surgically sensitive area.

**SP-08 Kimbe Swell Spot**



This larger Swell Spot was designed to reduce swelling over the scapula (shoulder blade) area, with the pad tucked into the shoulder and back straps of the user's bra. We have also had patients use this to soften breast fibrosis after a lumpectomy. It is extremely versatile.

Measures approx. 25 x 15cm.

**SP-11 Thora-Thigh**



Center the scoop cut under the armpit for wraparound coverage of chest, under the arm, and across the back to address problematic swelling. Wear with a sports bra or a snug Lycra-containing T-shirt to hold it in place.

Measures approx . 50 x22cm



**SP-01 Curved Swell Spot**



Primarily used for hard-to-get areas like the ankle or the patella, this little pad is also very effective at softening inferior breast scarring. Small and unobtrusive, this versatile little edema pad goes where you need it.

Measures approx. 5 x 12cm.



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**TT-MH: Vest**



Swell Spots are not the only product of choice in addressing breast and truncal edema. Garments made of the same great materials and crafted with the same care as the more familiar Tribute arm and leg pieces are available to treat these troubling edemas as well. This vest features a front zipper closure and vertical channels. It also features adjustable shoulder straps and is available in V-neck, round neck, scoop neck and turtleneck styles. This piece is attractive, functional and effective.

**TT-NK: Upper Torso**



This dickie is designed to provide circumferential coverage at the level of the axilla. It is perfect for addressing areas that usually are difficult to apply therapeutic compression to. Problem swelling in the upper breast or below the clavicle can be addressed, as well as swelling above the clavicle or encroaching into the neck. This piece can also be worn to address induration due to radiation fibrosis in the chest, neck and clavicular areas.

**TT-LH: Bustier**



This chest and torso garment is perfect for women with firm breasts who have had lumpectomies, or other work such as breast reconstruction or augmentation. Also good for any truncal edema that would be covered by this garment.

**TT-MK: Thoracic Sling Wrap**



The asymmetrical thoracic wrap was client-designed specifically for unilateral mastectomy, providing therapeutic relief from chest wall scarring, radiation fibrosis and swelling over the scapula. It can be ordered with a detachable Tribute sleeve.

**TT-NH: Short Sleeve Shirt**



If truncal edema is a problem, this shirt can address it. The torso portion of this garment is created with vertical channels while the sleeves are made with chevron channels.

