

## Lymphedema Therapy, Education & Consulting Presents

# MANUAL LYMPH DRAINAGE FOR MASSAGE THERAPISTS\*

With John Mulligan, Registered Massage Therapist, Certified Lymphedema Therapist, Certified by the Lymphology Association of North America since 2001

\*This class is approved for 20 Category A CEU's by the CMTO, but is open to other health professionals such as PT's, OT's, RN's, etc.

Meet the increasing demand for lymphatic work with this 4 day, 40 hour intensive class that offers certification in Manual Lymph Drainage, a manual therapy technique that encourages the free flow of lymphatic fluid in the body. This powerful modality can be used to promote wound healing and injury recovery, reduce swelling, for detoxification and to promote lymphatic recovery after surgery or other trauma. This is not a full 135 hour lymphedema certification course.

## Learning Objectives

Each participant will be trained in the basic anatomy and physiology of the lymph system and will learn the manual techniques of Manual Lymph Drainage (MLD). Upon completion of the class, the therapist will be able to successfully perform the techniques, differentiate between varieties of edema, and understand the application, medical indications and contraindications for MLD. The therapist will be able to establish an MLD treatment plan for individual clients.



## About the Instructor

John Mulligan has been working as a certified lymphedema therapist since 1998. In addition to treating lymphedema patients, Mr. Mulligan has published articles, presented lectures and case studies and has taught manual lymph drainage and advanced bandaging classes.

*This class contains both lecture and hands-on work. Come dressed appropriately for giving and receiving bodywork. Please bring table linens.*

**When:** April 20-21, 2013 from 8:00 am to 6:00 pm  
April 27-28, 2013 from 8:00 am to 6:00 pm

**Where:** Head to Foot Oasis Wellness Center  
5115 Harvester Rd Unit 11A, Burlington, ON

**Cost:** \$700.00 (+ \$91 HST, total = \$791, Reg. #851525170)



**LTEC**

*The first four registrants to commit to bringing a portable massage table will receive a \$25 discount*

## Manual Lymph Drainage for Massage Therapists\* Registration

*Registration must be received by April 1, 2013. Due to space considerations, class size is limited. Deposit of \$350 required at time of registration to hold your spot; balance due in full by April 5/13.*

Name : \_\_\_\_\_

Address : \_\_\_\_\_

Telephone : \_\_\_\_\_ Email : \_\_\_\_\_

Card # \_\_\_\_\_ Exp: \_\_\_\_\_ Signature: \_\_\_\_\_



Make cheques payable to: John Mulligan, RMT/CLT-LANA  
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Email: [John@LymphedemaTherapist.com](mailto:John@LymphedemaTherapist.com) T: 905-687-1828

**Credit card payments by phone or fax registration to: 905-687-8224**

Cancellation Policy: Prior to Apr. 1, 2013, full refund less a \$100 cancellation fee. Organizers reserve the right to cancel the workshop in which case a full refund will be made.