

Checking the Fit of a TributeNight™ Garment

A custom-made TributeNight™ directional flow garment does not fit or feel like any other compression garment. How can you tell if the new TributeNight™ garment is fitting your client correctly?

1. **Follow the recommended donning procedure.** Fold the top half of the garment down over the outside of the lower half and then slip it on. Make sure it is pulled snugly and all the way onto the hand or foot before unfolding the top half up onto the upper portion of the affected limb. Once the TributeNight is fully donned you can make minor adjustments with your hand (ideally, wearing a donning glove) to snug the garment all the way up onto the limb, align the seam(s) and ease the garment into place.
2. **Have your client wear their new TributeNight in clinic for a minimum of 15-20 minutes,** even longer if possible and preferably while lying down. After removing the garment, you may notice mottled indentations left behind on the skin surface by the channels and chipped foam, and, if so, this should be most pronounced under the distal half of the garment (the part farthest away from the trunk where the gradient compression is at its highest level), and less or none at all over the proximal limb. This skin mottling is normal, and clients should not be alarmed. For some clients, it will disappear very quickly, for others it may remain visible for up to an hour. **Not all clients experience skin mottling from their garment; it depends on tissue turgor, and the presence of factors like fluid, fibrosis and adiposity.**
3. **The TributeNight should be taken home and worn overnight for a minimum of 2-3 nights** to determine whether it offers a therapeutic fit. It is not always possible to fully determine whether the fit of a new garment is appropriate in the clinic setting, especially if your client is not able to experience the garment for a prolonged period and/or in a supine position. This is why L&R USA offers up to 45 days from the shipping date as a “First-Fit” guarantee period to assess the fit at home.
4. **Ideally, the garment should be washed and dried before wearing overnight.** The garment and the foam may become somewhat flattened during manufacturing and shipping, and this can affect the fit. Machine washing and drying will restore the foam to its ideal state. Laundering does not void the warranty. Follow the care guidelines and do not use bleach, fabric softener, other laundry additives or high heat settings.
5. **TributeNight is designed to be worn while lying down in a relaxed position.** Ensure client understands that the best fit is obtained in the lying-down position. This is particularly true of leg and torso garments.
6. **The fit should feel “snug” but not tight.** TributeNight is custom made for 20-30mmHg. However, it will never feel as snug to the client as a 20-30mmHg daytime garment feels. Remember: compression is just one component of TributeNight’s efficacy, combined with directional channeling and the effect of foam.
7. **Please do not allow your client to leave the garment with you.** If there is uncertainty during the fitting appointment that the garment may not fit correctly, have your client take it home to launder and wear it as outlined above. The exception, of course, is a garment that is much too small, tight or uncomfortable.
8. **A therapeutic fit is always assured under TributeNight’s “Sure-Fit Guarantee™.”** Experience has shown that the quality and accuracy of client feedback is best when the client wears the garment for 3-5 nights at home to assess the fit thoroughly. If the garment needs to be altered, it is critical that you be able to provide us with clear details of exactly where and in what way the fit needs to be changed. We are unable to achieve successful alterations from information like “garment is too large” or “too small.”
9. **Work with your client to observe and record specific details about what needs to be adjusted.** Mark the garment as needed. Please keep your client in clinic with you until you have collected and recorded enough information for us to correct the fit. Refer to your alterations instructions for tips on how to mark the garment for alterations while your client is wearing it. Take digital photos if you feel they will help illustrate a fit problem. Call us, toll-free, if you need guidance; we’re here to help you. 1-855-857-8500.