

# Product Selection and Checking the Fit

*Contraindications include but are not limited to: active infection, fever, congestive heart disease, arterial edema and renal disease or impairment. A physician's prescription is always recommended for compression garments, and required in order to purchase TributeNight garments free of GST/HST.*

## How to determine when to measure your client for a TributeNight Garment

Experienced therapists report that they use one or more of the following criteria to determine when to measure a client for a custom garment:

- When affected limb(s) have been reduced and client has reached a plateau in reduction.
- When developing the client's home maintenance program.
- When the client is unwilling or incapable of bandaging or following the bandaging protocol.
- Clients with dominant fibrosis may be fitted in the early stages of treatment. Garments will need to be altered as the affected limb(s) decreases.

## How to choose the right garment style

The general rule of garment style selection is simple: provide coverage if the area has swelling or has had a substantial history of swelling. Remember to include the adjacent watershed when necessary.

The product codes are simple: UE refers to Upper Extremity, LE refers to Lower Extremity. The other letters refer to the first and last measure points (UE-BG) and choice of the sewn channel styles.

"C" refers to chevron style, which is used when lymph nodes are compromised; "V" refers to vertical channels which are appropriate when the lymph system is healthy but locally overwhelmed, as in dependent edema and/or venous insufficiency.

Evaluate your client's range of motion, strength, cognition and stress levels. Select optional modifications that will adapt standard products to provide a garment that will become a natural part of the client's daily routine. Call us any time to discuss individual cases. We are here to assist you.

## How to check for a proper fit

Custom-made garments are shipped to the dispensing fitter or therapist. Refer to the User's Guide that accompanies the garment (also available online at [www.LymphedemaDepot.com](http://www.LymphedemaDepot.com)) for donning and care instructions. Remember that TributeNight™ garments are worn while sleeping; it is best to have the client don the garment then lie in a supine position to check the fit.

The dispensing therapist or fitter should then check the garment to determine that the sizing is correct. The client should report that the garment feels "snug" but not tight, and that the compression decreases proximally. A sizing allowance at the elbow or knee is standard so the client may rest in a natural, relaxed sleeping position. A detailed "checking the fit" checklist is enclosed with every TributeNight™ garment.

If the client has a history of skin sensitivity, it is recommended that they wash the garment twice prior to use to remove any sizing agents in the fabric, and then follow the above protocol.



Questions? Give us a call at: 1-855-857-8500  
Visit us online at: [www.LymphedemaDepot.com](http://www.LymphedemaDepot.com)  
Email us at: [Info@LymphedemaDepot.com](mailto:Info@LymphedemaDepot.com)

